



Vaginal discharge information

Discharge usually increases during pregnancy, as a way for your body to protect against infections moving up through your genital tract. It may be more watery than usual, it should be clear or milky coloured, and have minimal smell. If your discharge is green/ brown/ yellow, smelly, or accompanied by itching and discomfort in your vagina or when urinating, then this may be a sign of infection so notify your midwife.

Thrush is a common yeast infection that affects many people in pregnancy. It usually causes a thick white discharge and itching around the vagina. It can be easily treated but some medications shouldn't be used in pregnancy so notify your midwife or GP for a prescription.